

# Choppy Holidays v2.0

Stick Control - 5'

30" on each pattern



R L R L R L R L    R R L L R R L L    R L R L R R L L    R L R R L R L L    R L L R L R R L



R R L R L L R L    R L R L L R L R    R R R L R R R L    L L L R L L L R    R R R R L L L L

Singles - 2'30"

15" on each pattern



R L R L R L R L R L    R L R L R L R L R L    R L R L R L R L R L    R L R L R L R L R L



R L R L R L R L R L R L    R L R L R L R L R L R L    R L R L R L R L R L R L



R L R L R L R L R L R L    R L R L R L R L R L R L R L    R L R L R L R L R L R L R L

Double Stroke Rolls - 2'

Repeat this line for 30"

Musical notation for Double Stroke Rolls - 2'. The staff contains four measures of music, each with a double bar line at the end. Each measure consists of two eighth notes beamed together, followed by another two eighth notes beamed together, creating a continuous stream of eighth notes.

Repeat each bar for 15"

Musical notation for Double Stroke Rolls - 2'. The staff contains four measures of music, each with a double bar line at the end. Each measure consists of two eighth notes beamed together, followed by another two eighth notes beamed together, creating a continuous stream of eighth notes.

Repeat this line for 30"

Musical notation for Double Stroke Rolls - 2'. The staff contains four measures of music, each with a double bar line at the end. Each measure consists of two eighth notes beamed together, followed by another two eighth notes beamed together, creating a continuous stream of eighth notes.

Multiple Bounce Roll Builder - 2'

Repeat each bar for 15"

Musical notation for Multiple Bounce Roll Builder - 2'. The staff contains four measures of music, each with a double bar line at the end. The first measure has two groups of three eighth notes beamed together. The second measure has three groups of three eighth notes beamed together. The third measure has two groups of three eighth notes beamed together. The fourth measure has four groups of three eighth notes beamed together.

R R R L L L sim.

R R R L L L sim.

R R R L L L sim.

Continue playing triple strokes using the written rhythms as your hand motion

Musical notation for Multiple Bounce Roll Builder - 2'. The staff contains four measures of music, each with a double bar line at the end. The first measure has four groups of five eighth notes beamed together. The second measure has four groups of five eighth notes beamed together. The third measure has four groups of six eighth notes beamed together. The fourth measure has four groups of six eighth notes beamed together.

Multiple Bounce Consistency and Connectivity - 2'

30" on each pattern

Musical notation for Multiple Bounce Consistency and Connectivity - 2'. The staff contains four measures of music, each with a double bar line at the end. Each measure consists of eight eighth notes beamed together, with a rhythmic pattern of R R R R L L L L.

R R R R R R R R L L L L L L L L

R R R R L L L L

Musical notation for Multiple Bounce Consistency and Connectivity - 2'. The staff contains four measures of music, each with a double bar line at the end. Each measure consists of eight eighth notes beamed together, with a rhythmic pattern of R L R L R L R L.

R L R L R L R L R L

R L R L R L R L R

L R L R L R L R L

Flams - 1'

Repeat entire section for 1' total



R L R L R L R L R L R L R R L R R L R R L R R L R R L L R R L L R R L L R R L L



R L R R L R L L R L R R L R L L R R L R L L R L R R L R L L R L

Stretch/Cool Down - 30"

15" on each pattern



R L R L R L R L R R R R R R R R L L L L L L L L L L

# Choppy Holidays - Keyboard Edition

## Double Vertical - 1'

20" on each pattern

L R

## Double Vertical Interval Changes - 2'30"

15" on each pattern

Play with both hands in octaves

## Single Independent - 1'30"

30"

15" on each pattern

1... 4... 2... 3... 1/4 2/3 1/3 2/4

Experiment with different intervals

30"

2 3 2 3 1 4 1 4 3 2 3 2 4 1 4 1

Single Alternating - 1'30"

15" on each pattern

1/3 2/4 1/3 2/4      1/4 2/3 1/4 2/3      1 3 2 4

1 4 2 3      4 2 3 1      4 1 3 2

Double Laterals - 3'

15" on each pattern

1 2 3 4      4 3 2 1

1 2 4 3      2 1 3 4

30"

1 2 3 4      2 3 4 1      3 4 1 2      4 1 2 3

30"

4 3 2 1      3 2 1 4      2 1 4 3      1 4 3 2

## Triple Laterals - 1'30"

15" on each pattern

2 1 2 3 4 3      1 2 1 4 3 4      1 2 1 3 4 3

2 1 2 4 3 4      1 2 3 4 3 2      4 3 2 1 2 3

## Sequential Strokes - 2'

15" on each pattern

1 2 3 2 3 4      4 3 2 3 2 1      1 3 4 2 3 4      1 4 3 2 4 3

4 2 1 3 2 1      4 1 2 3 1 2      1 3 4 2 3 4      4 2 1 3 2 1

Independent Roll Builders - 2'

30" on each pattern

Musical notation for 30-second roll patterns. The first staff shows a sequence of notes with triplets indicated by a '3' above the notes. The second staff shows a sequence of notes with triplets indicated by a '3' above the notes.

15" on each pattern

Musical notation for 15-second roll patterns. The first staff shows a sequence of notes with a '6' above the notes. The second staff shows a sequence of notes with a '6' above the notes. Fingerings are indicated below the notes: 4 3 2 1 2 3, 4 3 4 3 4 3, 1 2 3 4 3 2, 1 2 1 2 1 2.

Musical notation for 15-second roll patterns. The first staff shows a sequence of notes with a '6' above the notes. The second staff shows a sequence of notes with a '6' above the notes. Fingerings are indicated below the notes: 3 4 3 2 1 2, 3 4 3 4 3 4, 2 1 2 3 4 3, 2 1 2 1 2 1.