

Choppy Holidays

Stick Control - 6'

30" on each pattern



R L R L R L R L R R L L R R L L R L R R L R L L R L L R L R R L



R R L R L L R L R L R L L R L R R R R L R R R L L L L R L L L R



R L L L R L L L L R R R L R R R R R R R L L L L improvise using various sticking patterns

Singles - 2'

30" on each pattern



R L R L R L R L R L R L R L R L R L R L R L



R L R L R L R L R L R L R L R L R L R L R L R L

Double Stroke Rolls - 3'

Repeat entire section for 3' total



Multiple Bounce Rolls - 2'30"

30" on each pattern

R R R R R R R R L L L L L L L L R R R R L L L L

R L R L L R L R R L R L R L R L R L

R L R L R L R L R L R L R L R L R L

Flams - 1'

Repeat entire section for 1' total

R L R L R L R L R L R L R R L R R L R R L R R L

R R L L R R L L R L R R L R L L R R L R L L R L

Stretch/Cool Down - 30"

15" on each pattern

R L R L R L R L R R R R R R R R L L L L L L L L